

FOOD/KASHRUT POLICIES:

Huntington Jewish Center is a Conservative Synagogue and therefore follows the rules of Kashrut. You must adhere to the following guidelines to ensure that you are following our Kashrut policy.

You may only send in **Diary or Parve foods as stated below and with these symbols:**

1. A mid morning snack is provided. All snacks are kosher and the children will be given water or apple juice with their snack. Some of the snacks that the children will be given are cookies, crackers, cheerios, fresh fruit, and vegetables. On Friday, the children will be provided with challah as well as a healthy, kosher snack provided by parents.
2. All children who stay for lunch are required to bring a **dairy or parve** lunch from home. The lunches can be refrigerated but our refrigerators are small so ice packs in the lunch bag would be very helpful.
3. All dairy products are allowed. This includes milk yogurt, cheese sticks, cottage cheese and cream cheese.
4. All parve foods are allowed. This includes eggs and tuna fish. **No NUTS of any kind or tree nut spreads.**
5. Fresh fruits and vegetables are allowed.
6. All breads and grains are allowed. You may send in bagels, pita bread, rice and pasta. With respect to chips and pretzels please check the label for a hechsher (a kosher sign).
7. **All meat, turkey, chicken, pork, and shellfish products are NOT allowed. This includes all kosher meat products.**
8. The school does have microwaves for heating up your child's lunch. Any lunch item you would like heated up, must be placed in a microwave safe container.