



December 2022 | Kislev / Tevet 5783 Bulletin

HUNTINGTON JEWISH CENTER

NEWS / COMMUNITY / CONNECTION

חַנּוּכָּה



2022 5783

Sisterhood News

by Evelyn Abraham

SISTERHOOD MEMBERSHIP DRIVE

Join Us and Support the Sisterhood of HJC.
Your Membership Dues support our wonderful
HJC Community and the Women's League for
Conservative Judaism.

Note: You now can pay your Annual Sisterhood Membership Dues on the HJC Website in the Online Payment Page. Please scroll down on the type of payment and Sisterhood Annual Dues and Sisterhood Annual Dues Senior Citizen have been added as an option for credit card payments.

**Watch for Emails with Information on
upcoming Membership Events.**

**New members to HJC receive a complimentary
Sisterhood membership for their first year.**

Please return your Membership Letters as soon as possible. Checks are payable to Sisterhood of the Huntington Jewish Center. Mail to Huntington Jewish Center attention Sisterhood Dues.

\$45 - regular membership

\$30 - senior membership

WOMEN'S LEAGUE TORAH FUND CAMPAIGN

This year, the Torah Fund campaign—the dedicated philanthropy of Women's League for Conservative Judaism—has reached its 80th birthday.

The new campaign, **Our Chazak v'Ematz campaign, Be Strong & Courageous** has begun.

We summon strength and fortitude in these changing times to continue to make an important impact at our global Conservative/Masorti institutes of higher education: Jewish Theological Seminary, Ziegler School of Rabbinic Studies, Schechter Institutes, Seminario Rabinico Latinoamericano and Zacharias Frankel College.

Your generosity helps provide essential scholarships and programs to train future leaders of the Jewish community. Torah Fund helps develop future rabbis, cantors, educators, synagogue administrators, social workers, scholars, researchers, lay leaders and others.

If you would like more information on Torah Fund, please contact Evelyn Abraham. If you would like to make a donation: <https://inspired.jtsa.edu/torahfund>

Save paper and send ecards for any occasion. For only \$5 per recipient, you can send an attractive message—and you can even schedule your card to be sent at a specific time! **Revenue from ecard purchases will benefit the Torah Fund Chazak v'Ematz campaign. US supporters, please make your selection today at torahfundecards.jtsa.edu.**



אגודת נשים פתוחה כל שנה בשביל צרכי חגים וסימחה

Sisterhood Contact: Evelyn Abraham
evelyn_abraham@optonline.net



Rabbi Ari Saks

Rabbi
631-423-5355

Cantor Israel Gordan

Cantor
631-427-1089 ext. 22

Gina Giuffre

Religious School Director
631-427-1089 ext. 14

Andrea Marcus Smoller

President
516-901-7179

Rachel Gritz

Executive Director
631-427-1089 ext. 23

Ilene Brown

Director, Early Childhood Center
631-427-1089 ext. 15

Neil Kurshan

Rabbi Emeritus

HJC Board of Trustees / 2021-2022

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| | |
|------------------------------------|---|
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| Bereavement..... | Debbie Stein |
| Bulletin..... | Marty Spielman |
| Calendar | Gwen Goldstein |
| Cemetery | Louis Walsdorf |
| Chai Club..... | Ellen Kahn |
| Early Childhood Center Board..... | Andrea Rosenbaum & Mara Powell |
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| Friday Night Live..... | Lesley Stark |
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| High Holiday Honors..... | Ofer Rind |
| HIHI..... | Karen Flanzenbaum & Ellen Steinberg |
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| Men's Club | Ofer Rind |
| Religious School | Leigh Murphy |
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| Sunshine | Ellen Steinberg |
| Theatre Development..... | Arthur Perler |
| Technology | Jeff Stark |
| Tree of Life..... | Tom Rosen |
| The Village Project | Elaine Kleinmann, Shelley Weinberg, Lori Sklar |

From Rabbi Ari Saks



The Magic of Chanukah

How can we sense God's presence in our lives? If the Bible is our guide, then the clearest way for God to appear in our lives is through the performance of "magic" -- miracles like splitting a sea or getting water from a rock. These events, which cannot be explained by reason, have ingrained in us the sense that when something happens beyond nature and reason then they must be evidence of God. This focus on God's "supernatural" abilities has led to an ambivalent Jewish attitude towards a human's ability to manipulate God's supernatural abilities (i.e. to perform magic) in which the only people who could legitimately perform "supernatural" acts

were those who had a close relationship to God.

The story of Chanukah, and in particular the belief that oil to light the menorah for only one day lasted for eight days, is a good example of this ambivalence. The military victory of the Maccabees over the Greeks was so improbable, so beyond reason, that it was akin to a "supernatural" event. As such, the rabbis in the Talmud needed to show that this event was ordained by God and thus used the story of the miracle of the oil as proof of God's role in this victory.

I believe that the need of the rabbis to bring God into, or to prove God's role in, the "supernatural/magical/miraculous" story of Chanukah speaks to an important human need -- to be in partnership with a god who can help us achieve things that seem beyond reason.

Rabbi Ari Saks



From Hazzan Israel Gordan



Israel and Me

Greetings from Jerusalem! You hopefully saw the email from Andrea announcing to the congregation that I am on an unpaid leave through January 8th and am back with my family in Jerusalem. My family was in New York for the Jewish holidays, but returned to Israel after Simchat Torah and I did not see them for just over five weeks. I have never been apart

from my family for anywhere near that length of time, nor would I recommend it to anyone else, but somehow made it through. I arrived in Israel the night before Thanksgiving and am so thankful to be back with my family and to be back in Israel. Luckily since Covid, it is not difficult for me to finish my semester over zoom; it just means a few late nights.

It is not easy feeling pulled between two places. My job and school are in New York while my family has chosen to stay in Jerusalem for another year. I love living and working on Long Island while I also love living and raising my family in Jerusalem. And while I have enjoyed being part of the HJC community for over eleven years, Jerusalem is a pretty incredible place to live and it's amazing to be alive at a time when Jews have sovereignty over their own country.

For the several weeks that I was on my own in Huntington, I was incredibly impressed and touched by the kindness and

generosity shown to me by so many members of HJC. First and foremost, Leigh and Scott Murphy allowed me to stay in their guest house for several weeks. I also spent a week with Leslie Delia and Jeff Stark, a week with Rachel and Rabbi Saks, and one week with Gail and Jim Lodge. While it is not fun moving around and living out of a bag, it actually was a great deal of fun to spend time with different people and getting to know them better.

After Labor Day, I returned to the JTS building for the first time since March of 2020. It is very strange to go back to a place after a two and a half years absence, but it was also surprisingly easy to do in many respects. I felt the same way about getting back in the groove of leading services and tutoring B'nai mitzvah students. And perhaps the best aspect of working at a synagogue is being part of a community in which I feel like I am an integral part. So many people have expressed their appreciation of me and the work I do and I am constantly amazed by the power that kind words can have on your day and your whole outlook.

As we rapidly approach 2023, I sincerely hope the new year will bring new adventures and challenges, health and happiness, satisfaction and meaning to everyone. I also hope we are able to continue being together more than we are apart. And as people (hopefully) continue to grow more comfortable at being together in the building, may we all have multiple reasons to observe and celebrate together.



OH HANUKKAH, OH HANUKKAH...

MENORAHS, DEREIDELS and OTHER ITEMS

TO ENHANCE THE FESTIVAL OF LIGHTS TO SHINE MORE BRIGHTLY IN YOUR HOME

The HJC Sisterhood Gift Shop is ready to assist you with all your

HANUKKAH and Judaica needs

"Our Culinary Legacy" Cookbook makes a perfect Hanukkah hostess gift

Our items are sold at below market cost, no tax, and all profits go right back to supporting the Sisterhood of HJC!

For more info or to make an appointment, please contact:

Eileen Berger: berger4u@optonline.net/631-261-2164

Maxine Fisher: mirifish@aol.com/631-757-7455

Pam Fleiss: pamfleiss@gmail.com/631-549-9629

Shari Klair: cranky20@aol.com/631-271-0258

Andrea Forman Morris: joligran@gmail.com/631-513-3631



Hope and Light for the Future

As the secular year winds down and the colder weather has arrived doesn't it seem like the weeks of this year are flying by like scenery outside a train window? We know winter has arrived now that the days are shorter and darkness descends early. As you read this, it's hard to believe that Thanksgiving is in the rear view mirror and Chanukah is quickly approaching.

Did you sit down with your family to that picture perfect Thanksgiving meal? You know, just like the one Bubbe made years ago that the family is still talking about? Did your Thanksgiving have that indelible moment when you present the most perfect, most delicious dinner on a silver platter to the 10 most precious people in your life? Did everyone smile and talk with ease about the beauty of our world, their gratitude for each other and their hope for a loving, connected holiday season?

Wishful thinking, right? For most of us, the reality or holidays are often a conglomeration of highs and lows that can simultaneously be characterized by incredible joy, alongside stress and even deep sorrow. Poignantly, often it's times like these that leave us longing for our dear family and friends who have left us. It's clear that this time of the year has the potential to spark very real emotions that will feel incredibly heavy for some. As we spend more time indoors in the winter months we tend to reflect upon holidays past. We know that this can impact us in a most significant way and the data

indicates that rates of depression and stress increase over holidays for many people.

Guided by the rising and setting of the sun, changes in temperature, and our own internal rhythm, our bodies and our lives are acutely attuned to the seasons. When we step out into the crisp air, we find that a walk in nature can help align ourselves to an organic rhythm, allowing our awareness to be brought back to the present. When we align our internal world to the natural world around us, we can feel refreshed and at peace.

If we open our eyes, Judaism also offers us the beauty, and the warmth, of Shabbat, every week. Whether we are indoors in the warm embrace of our sanctuary, or outdoors in nature, Shabbat is a day which is meant to be a day of peace. It offers us a chance for peace with nature, with our world, and with ourselves. The prohibitions on work are designed to pause—if only for one day of the week—our relentless efforts to tame, to conquer, to subdue the earth and everything on it. Shabbat offers us a moment of quiet, of serenity, of self-transcendence, a moment that allows us to seek and perhaps achieve some kind of internal peace.

So, as we feel the cool air settling in as the year wanes, let's remember that Shabbat can bring some much needed warmth into an otherwise dreary, dark day. Let's remember that as the days become shorter and darker, that the brilliant light of Chanukah is not far behind, bringing us all hope and light for the future.

From my family to yours, wishing you peace and light, always, and may the glow of the menorah shine in your life everyday. **Chag Urim Sameach- Happy Festival of Lights.**





Celebrating Hanukkah at HJC

Hanukkah is always such a joyous time of year. There are so many components of Hannukkah that bring out joy in all of us. There is the lighting of the Menorah each night for eight days, where in the dead of winter in the northeast is definitely something my family and I eagerly await to do together. There is the beloved game of dreidel, which is always fun to play regardless of how old we get. There is the delicious latkes and sufganiyot that are made abundant during the entire holiday. For my family, it is a time where we have a party and all gather together and exchange presents. The joy and excitement we see in their eyes when they open up their Hanukkah gifts is truly priceless. Amongst all of our Hanukkah rituals that make this holiday special, it also has several deeper meanings that transcend much more than dreidels and presents. A huge part of the miracle of Hanukkah is the fact that we as a Jewish people faced incredible obstacles and still managed to be resilient and overcome all of the obstacles that were thrown our way and maintain our Jewish identity, in a very dark time. Unfortunately, in the world we are currently living in, we as Jewish people are once again facing external anti-Semitism, which can cause us to choose fear over living.

Recently, I was lucky enough to be able to attend the UJA Suffolk Signature Event, which was a celebration of all of the meaningful and supportive work the UJA does for the Jewish people all over the world. In addition, several of HJC's very own congregants, Vicki & Arthur Perler and Johanna & Ari Per-

ler were being honored with the L'Dor V'dor award, which in English means from generation to generation. As the event went on, as I looked around the room it was truly amazing to see so many Jewish people come together in one room to support such a great cause and to celebrate such a wonderful Jewish institution. It occurred to me that we will always be resilient, we as a people will always put one foot in front of the other and move forward regardless of external factors beyond our control.

This Hanukkah here at HJC, we have many exciting programs that I hope you all will participate in and enjoy. We will have the Annual Hannukah Happening, which encompasses all of the arms of the synagogue to come together as one. A special Hannukah-themed Kiddush after Shabbat that is being co-sponsored by our wonderful Sisterhood. We will be creating an HJC Hanukkah montage of pictures taken by yourself or your family lighting your Menorah of pictures to be sent to the Congregation on the last night of Hanukkah. Religious School will also be having a celebration with songs and dancing to celebrate the holiday. We will also be having a virtual Menorah lighting as well as our traditional HJC Community Menorah lighting outside of our building. Rabbi Saks will also be having a program at Carillon Rehabilitation Center to share the HJC Hanukkah spirit with its residents. The Village Project will also be taking part in a Kosher Chinese lunch and a movie. All of this wonderful Hanukkah programming we have here at our synagogue is a true testament in choosing to embrace life over fear even with the background of recent anti-Semitism. I hope all of you have a wonderful Hannukah celebrating with your loved ones and a very happy New Year!





The Importance of Gratitude

“As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them.”

~ John F. Kennedy

This quote speaks to me for so many reasons. It is why actions speak louder than words. We can preach, talk, dictate till the end of time, but till we live by the words and put them into action, they are meaningless. November brings us several events that remind us to be grateful. It is so important to talk to the children about gratitude at an early age. Our sense of gratitude extends far beyond the four walls of school and our homes. The children learn about the many components of our community and country and the people that care for us and our community. We kicked off November with Election Day. This was one of the most exciting days for the children as they knew they would have the opportunity to cast a vote. Terms such as candidate, vote, debate, democracy, ballots, and citizen were discussed. The teachers set up voting booths, private booths, for the children to cast their votes. In one of our classrooms, they had to choose between the blue dog or the red dog. They listened to these “candidates” talk about their platforms, promises and goals. Following

the debate, the children took turns in the voting booth and casted their votes. They were so proud when they received their “I Voted” button to wear. It is never too early to teach the children about their country, democracy, and leaders. We then immersed ourselves in Veteran’s Day. They learned about the various branches of the Armed Forces. We learned about the importance of Veterans and why we should be grateful to them. To show our gratitude to our Veteran’s, we took it one step further. We invited some of our local Veterans to our school to express our gratitude in person! The children sang their hearts out to “God Bless America.” Following their performance, the children presented the Veterans with thank you cards. It was so heartwarming when the Veteran’s read what the children wrote to them aloud. There was not a dry eye in the school! We wrapped up our month with Thanksgiving. Once again this is a time to feel grateful and to express our gratitude. When talking to the children about Thanksgiving and the meaning of gratitude, we pose the questions, “Who and what are you thankful for?” We want the children to understand that it is the people in their lives that are important instead of material possessions. To put our words into actions, we welcomed our parents to school for a special performance by the children. The children sang so beautifully, and it was truly touching. They gave their parents heartfelt cards expressing their gratitude for their family. Gratitude is always a part of our education. It is in our mind and in our hearts.





From Adversity Grows Strength

On November 20th, HJC Religious School families gathered together for a little “tikun olam” (repairing the world) on Family Mitzvah Day and assembled 50 soup kits, 200 dog biscuits, 45 Thanksgiving gift bags, 65 pieces of jewelry, 50 Chanukah cards, and decorated over 100 kindness rocks. Just prior to the Religious School event, JNN assembled hundreds of bags of fresh produce.

The Social Hall was beaming with so much goodness, kindness and genuine care in the spirit of the Thanksgiving holiday. I was so proud of our children as I watched them enthusiastically engaging from one project to another eager to complete each one. When school ended I happily delivered the gift bags to the nursing home and the biscuits to an animal shelter, into the arms of grateful recipients. And then I went home.

I entered my home with the intention of sharing details of my wonderful day using photos as evidence. My husband greeted me at the door “have you heard what’s going on?” he asked. By his tone, I knew this was not going to be good. He proceeded to inform me of the anti-Semitic plan that was thwarted by NYPD earlier that day. The wind in my sail came to a screeching halt.

Anti-Semitism, there it is again! How do we live with it? How do we respond to it? How do we educate our children about its ugliness without scaring them? At what age are they ready to have that conversation? It has been here for several millennia and it is not going away any time soon. Even as a product of interfaith parents, I always felt so different and separated from the rest of the world as a child amidst the holiday sea-

son. The answers are not the same for all and I respect the breadth of variety in response. Some choose to assimilate, keep their identity personal while others may display their faith or publicly celebrate perhaps out of pride or defiance. Holocaust education begins in Grade 6 at HJC which aligns with secular education. Sadly, anti-Semitism needs to be discussed much earlier. Professionals in this area agree our children need to be educated in recognizing anti-Semitism. Many are not familiar with bigoted trope or gestures. They need to feel comfortable to confide in a trusted adult and hopefully find a peer who will offer support if needed. Children should be aware of the historical background of anti-Semitism and understand where prejudice originates. They equally need to know just how much Jews have contributed to the world in every realm of life and how proud they should be to be called a Jew.

I challenge parents to use these incidences to discuss, empower and engage our children and impress upon them we are not victims and we have choices. Our differences need to be respected and adversity can breed strength. Educate the ignorant when permissible, share your customs with others, get involved with organizations whose sole purpose is to rid the world of anti-Semitism, stay connected to the Jewish community, light your menorah, eat your latke, spin your dreidel and never stop performing good deeds because it is incumbent upon us to change the world one mitzvah at a time. Chag Ha’Orim Sameach (Happy Festival of Lights!)



Donations

GENERAL FUND

Leslie and Jack Rubin in honor of Brian and Nancy Cooper being named Simchat Torah honorees
Leslie and Jack Rubin in honor of Vickie & Arthur Perler, Johanna & Ari Perler on their honors from UJA
Leslie and Jack Rubin in honor of Melissa & Mike Richter on the Bat Mitzvah of their daughter Eva Richter
Debbie Labrie in memory of Sarah Eidelberg
Jill & Morris Lagnado in memory of Julia Lagnado
Cherie & Marty Reichgut in memory of Sarah Eidelberg
Jay & Ellen Steinberg in honor of the new granddaughter of Sarah & Jerry Saunders
Jay & Ellen Steinberg in honor of Barbara & Joel Kuppersmith being named Kol Nidre Chairs
Jay & Ellen Steinberg in honor of Brian & Nancy Cooper being named Simchat Torah Nominees
Jay & Ellen Steinberg in honor of Scott Herskovitz becoming Men's Club President
Jay & Ellen Steinberg in honor of the Bat Mitzvah of Eva Richter, daughter of Melissa & Mike Richter
Jay & Ellen Steinberg in honor of the engagement of Josh Rubin, son of Leslie & Jack Rubin
Jay & Ellen Steinberg in honor of the birth of Rory Pike, grandson of Karen & Michael Fishelson
Jay & Ellen Steinberg in memory of Judy Wieser, mother of Bob Wieser
Gloria Safran in honor of Ellen & Jay Steinberg on the marriage of their son Ezra to Rebecca Binder
Gloria Safran in honor of Tom Rosen and his continuing recovery, may it be rapid and joyful.
Gloria Safran in honor of Paul Cohen and his continuing recovery, may it be rapid and joyful.
Paul & Joan Cohen in memory of Ruth Cohen at Yahrzeit
Helga Kramer in memory of Sarah Eidelberg
Helga Kramer in honor of Risa & Noah Finkel on the marriage of their daughter Molli
Helga Kramer in honor of Nancy & Brian Cooper being named Simchat Torah Nominees
Alan & Randi Schuller in memory of Martin Bodian
Alan & Randi Schuller in honor of the marriage of David Rosen
Alan & Randi Schuller in honor of the marriage of Molli Silberman
Alan & Randi Schuller in memory of Sarah Eidelberg
Alan & Randi Schuller in honor of the marriage of Emily Hantverk
Daniel & Maayan Klein in memory Earl Klein
David & Doris Schoenfarber in memory of Gertrude Schoenfarber at Yahrzeit
Rabbi Tracy Kaplowitz, Dr. Jonathan Boxer, Jordana, Jacob, and Nina in memory Elizabeth Kiefer, mother of Victoria Houslanger
Andrea Marcus Smoller in honor of Barbara and Joel Kuppersmith being named Kol Nidre chairs
Andrea Marcus Smoller in honor of Nancy and Brian Cooper being named Simchat Torah honorees

DAILY MINYAN FUND

Janet & Mark Zimmerman in memory of Elizabeth Kiefer, mother of Victoria Houslanger
Jerry & Gail Ellstein in honor of the Bat Mitzvah of Reese Kuppersmith, granddaughter of Barbara & Joel Kuppersmith
Brian & Nancy Cooper in memory of Judy Wieser, mother of Bob Wieser

INCLUSION FUND

Tom & Vicki Rosen in memory of Elizabeth Kiefer, mother of Victoria Houslanger
Tom & Vicki Rosen in memory of Judy Weiser, mother of Bob Weiser
Tom & Vicki Rosen in memory of The Honorable Samuel R. Rosen, Father of Tom Rosen at Yahrzeit
Tom and Vicki Rosen for the speedy recovery of Jeff Stark
Alan & Randi Schuller in memory of Robert Schuller at Yahrzeit
Brian & Nancy Cooper in memory of Elizabeth Kiefer, mother of Victoria Houslanger

ISRAEL ENGAGEMENT FUND

Andrea Marcus Smoller in honor of Vicki & Arthur Perler and Johanna & Ari Perler being honored at UJA

JEWISH NUTRITION NETWORK

Jane & Richard Ganes in memory of Fanny Lust
Sue & David Lefkowitz in memory of Meyer Hepner at Yahrzeit
Robert Schpoont in honor of Joni Brenner
Lori Sklar in memory of Norman E. Sklar at yahrzeit
Janet & Mark Zimmerman in memory of Lee Cole at Yahrzeit

ETHEL SACHS ENGAGEMENT FUND

Brian & Nancy Cooper in honor of Eva Richter on her Bat Mitzvah
Andrea Marcus Smoller in memory of Harvey Marcus at Yahrzeit
Andrea Marcus Smoller in memory of Frances Marcus at Yahrzeit
Joel & Miriam Wirchin in honor of Barbara & Joel Kuppersmith being named Kol Nidre Chairpersons
Joel & Miriam Wirchin in honor of Vicki & Arthur Perler and Johanna & Ari Perler for receiving UJA's L'Dor V'Dor Award

RABBI'S TZEDAKAH FUND

Carillion Nursing Home in honor of Rabbi Saks

DAVID S. ROSENMAN CAMP RAMAH SCHOLARSHIP FUND

Judith & Lester Fox in honor of Vicki & Arthur Perler and Johanna & Ari Perler being awarded the L'Dor V'Dor Award at the UJA Suffolk Signature Event

SOCIAL ACTION FUND

Susan & Roy Glaser in memory of Irene & Murray Feuerstein

YOUTH FUND

Susan & Roy Glaser in honor of Eva Richter on her Bat Mitzvah

New Members:

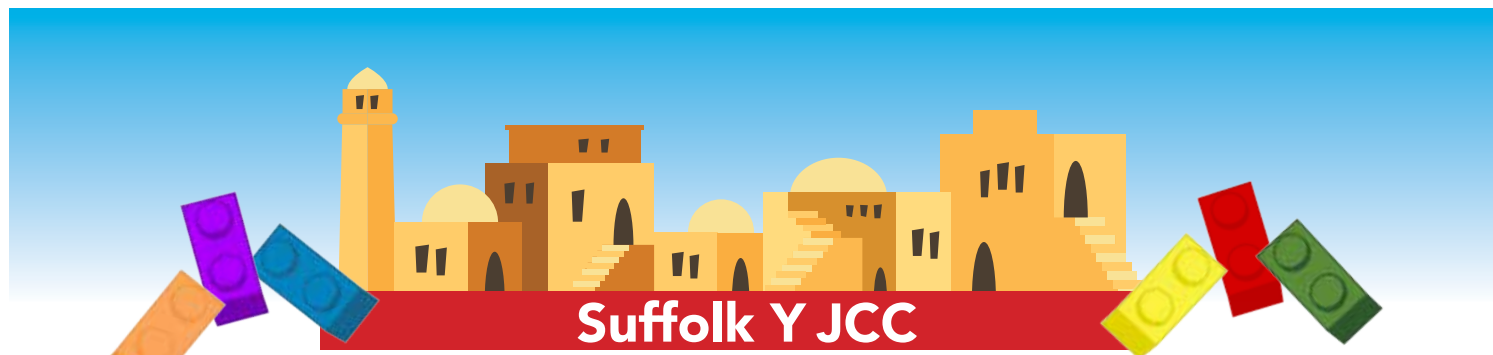
Hillel & Rhonda Kahane
Bela Schoenfeld

Condolence:

Judy Weiser, mother of Bob Wieser
Elizabeth Kiefer, mother of Victoria Houslanger

Mazal tov:

Dr. Ellen Kahn on the birth of her great grandson Szuri, son of Miriam and Yair Kahn
Karen & Michael Fishelson & Cindy and Richard Kaufman announce the birth of their grandson Rory Pike
Wedding of **Adam Adler & Nicole Murphy**, son of Seth Adler



Celebrate Israel at 75

Community-Wide

Jerusalem

LEGO® Build

You're invited to help build one of the
LARGEST REPLICAS of Jerusalem all out of LEGO®!

100,000 LEGO Bricks!
400 Square foot Build!

Lead by a Master Lego Builder and Architect

FAMILY FUN FOR EVERYONE!

Sunday, **December 4**, 2022

1:30-4:00 pm

\$10 per builder or \$40 per family

Space is limited.

Reserve your spot today!



Thank you to our Community Partners: B'nai Israel Reform Temple, Oakdale ■ Chai Center of Dix Hills
Dix Hills Jewish Center ■ East Northport Jewish Center ■ Huntington Jewish Center ■ Kehillath Shalom Synagogue, Cold Spring Harbor
North Shore Jewish Center, Port Jefferson Station ■ Melville Jewish Center ■ Temple Beth David, Commack
Temple Beth El of Huntington ■ Temple Isaiah, Stony Brook ■ Temple Beth Torah, Melville

Questions? **Sheila Goloboy**, 631.462.9800 x151 | sgoloboy@syjcc.org

MOVING FOR LIFE: Dance Exercise for Health

Moving For Life: Dance Exercise for Health® is a well known and trusted moderately paced and research-based low impact aerobic dance class. Designed by Dr. Martha Eddy, eminent dance scholar, exercise physiologist and somatic health expert. The original intent of MFL was to provide a thoughtful and appropriate way for individuals recovering from cancer and other serious illnesses to reconnect with their bodies in a positive way. However, Moving for Life is a dance workout excellent for everyone! Exercise and movement, to music and with natural rhythm is fun, rejuvenating and replenishes the spirit as well as the body. Being physically fit is critically important to recovery and healthy living.

**Sunday Morning December 4, 10:30am-11:30am
in the Kiddush Lounge
Led by Dafna Soltes Stein - Certified Instructor**

Wear loose comfortable clothes and footwear

Bring small 1-2 lb weights if you have them (small water bottles with water in them are terrific weights.)
Water Bottle for hydration

Moving for Life trains participants to be sensitive to their own bodies. Class participants are encouraged to work at a pace where they work up a bit of a sweat but can still talk at the same time. Class begins with breathing exercises to stimulate blood circulation, calm and then gently activate nerves, to stimulate lymph to return to the core of the body and drain. Every class has a warm-up, gradually raising body temperature, and a cool down, moving gently until the heart rate returns to normal. The warm-up also includes isolation movements to loosen the joints and extend range of motion. Movements are light and easy: taping,



squeezing, swaying, swinging, jiggling joints, weight shifting and walking. Participants are invited to add work with light weights if they can do so pain-free. Simple social and line dances are introduced to engage the brain, and amp up with moderate cardio activity. Class ends as it begins with movements to slow down the breathing and heart rate while moving through gentle dynamic stretches.



HJC's Adult Education Presents:

Patriarchal/Matriarchal Parenting: Playing Favorites or Meeting Each Child's Individual Needs?

Tuesday, December 6, 2022 at 8:00PM

This session will use our forefathers and foremothers as a filter for us to better understand what our children's behaviors are communicating to us and how we can individualize our parenting approaches to meet each child's needs.



Dr. Roseanne Lesack is a licensed psychologist and specializes in child behavior. She works with parents of younger children to give them the tools to fit their parenting needs with the needs of their children. She is also an assistant professor at Regis College and teaches in the master's program in Applied Behavior Analysis.

Open to All - Of special interest to ECC and Religious School parents

Via Zoom only

Register for zoom link



**Come Celebrate with Family and Friends
at our Annual**

HANUKKAH HAPPENING

Huntington Jewish Center

Sunday, December 11th, 11:00 AM - 1:00 PM

**Raffle Baskets, Silent Auction, Gift Fair,
Fun Children's Crafts!**

Hot Dogs, Latkes, Donuts, and Drinks Available for Purchase



Sponsored by:

Sisterhood, Early Childhood Center, Religious School, Men's Club, Social Action Committee

Thank you to all of our HJC volunteers!

HJC Youth Group* Presents:

Shevet Achim – The Brotherhood **with Rabbi Saks** **Becoming Jewish Men**

An invitation for HJC boys from Grades 5th-12th to join Rabbi Saks for bonding, food, fun, and learning.

Sessions will run once a month from November through March (see dates below) Dinner included.

Volunteer service hours may be earned for 10th-12th graders. Please speak to Rabbi Saks for more information.

All sessions are on Tuesdays and run from 6:30-8:00 pm

Dates of sessions:

December 13th

January 24th

February 28th

March 28th

Each session \$20



<https://hjc.shulcloud.com/event/shevet-achim-the-brotherhood-with-rabbi-saks-.html>



*HJC Youth Group provides various social opportunities throughout the school year for all children ages 5-18 including but not limited to Chaverim, Kadima & USY

Jewish Composers

Viktor Ullman



Viktor Ullmann was born on 1 January 1898 in Těšín, which belonged then to Silesia in the Austro-Hungarian Empire and is now divided between Cieszyn in Poland and Český Těšín in the Czech Republic. Both his parents were from families of Jewish descent. As an assimilated Jew, his father, Maximilian, was able to pursue a career as a professional officer in the army of the Austro-Hungarian Empire. In World War I he was promoted to colonel and ennobled.

Beginning in 1909 Viktor attended a grammar school in Vienna. His musical talents and inclinations soon gave him access to Arnold Schönberg and his circle of pupils. Upon finishing school, he volunteered for military service.

After deployment on the Italian Front at Isonzo, he was granted study leave, which he used to start studying law at Vienna University. At the beginning of 1918 he was accepted in Schönberg's composition seminar. With Schönberg he studied the theory of form, counterpoint and orchestration. Ullmann was an excellent pianist, although he had no ambitions for a career as a soloist.

In May 1919, he broke off both courses of study and left Vienna in order to devote himself fully to music in Prague. His mentor was now Alexander von Zemlinsky, under whose direction he served as a conductor at the New German Theatre of Prague (now the Prague State Opera) until 1927. In the following season, 1927–28, he was appointed head of the opera company in Aussig an der Elbe, but his repertoire, including operas by Richard Strauss, Krenek and others, was too advanced for local tastes, and his appointment was terminated.

In 1923 with the *Sieben Lieder mit Klavier* (7 Songs with Piano) he witnessed a series of successful performances of his works, which lasted until the beginning of the 1930s. At the Geneva music festival of the International Society for New Music in 1929, his *Schönberg Variations*, a piano cycle on a theme by his teacher in Vienna, caused something of a stir. Five years later, for the orchestral arrangement of this work, he was awarded the Hertzka Prize, named in honor of the former director of Universal Editions. In the meantime he had been appointed conductor in Zürich for two years. He spent another two years as a bookseller in Stuttgart, but was forced to flee Germany in mid-1933 and returned to Prague as a music teacher and journalist.

While his works of the 1920s still clearly show the influence of Schönberg's atonal period, especially the *Chamber Symphony Op. 9*, the *George Songs Op. 15* and *Pierrot Lunaire, Op. 21*, Ullmann's compositions from 1935 onwards, like the *String Quartet No. 2* and *Piano Sonata No. 1*, are distinguished by a musical development that is more independent of Schönberg's inspiration.

On 8 September 1942 he was deported to the Theresienstadt concentration camp. Up to his deportation his list of works had reached 41 opus numbers and contained an additional three piano sonatas, song cycles on texts by various poets, operas, and the *Piano Concerto Op. 25*, which he finished in December 1939, nine months after the entry of German troops into Prague. Most

of these works are missing. Thirteen printed items, published privately and entrusted to a friend for safekeeping, have survived.

The particular nature of the camp at Theresienstadt enabled Ullmann to remain active musically: he was a piano accompanist, organized concerts, wrote critiques of musical events, and composed. He wrote: "By no means did we sit weeping on the banks of the waters of Babylon. Our endeavor with respect to arts was commensurate with our will to live."

Overall, Ullmann "probably made the most significant contribution of any single individual to the musical life of Terezin", composing 20 works in the camp.

On 16 October 1944 he was deported to the camp at Auschwitz-Birkenau, where on 18 October 1944 he was killed in the gas chambers.

The work he completed in Theresienstadt included the chamber opera *The Emperor of Atlantis*, or *The Disobedience of Death*, with a libretto by Peter Kien. Its premiere was planned for Theresienstadt in the autumn of 1944, conducted by Rafael Schachter, but the SS commander noticed similarities between the Emperor of Atlantis and Adolf Hitler and suppressed it. The opera was first performed in Amsterdam in 1975. It has been broadcast by BBC television in Britain, and there have been productions in several countries.

When Ullmann was deported to Auschwitz, he left his works in the safekeeping of the philosopher Emil Utitz. After the war, Utitz gave them to H. G. Adler in Theresienstadt in 1945, and Adler brought the scores to England in 1947. Adler subsequently placed them on long-term loan with the Allgemeine Anthroposophische Gesellschaft in Dornach (AAG), Switzerland. In an apparent breach of contract the AAG subsequently deposited them with the Paul Sacher Stiftung, Basle, where they are currently being held illegally, prior to the preparation of a legally valid loan agreement.

Two operas were performed at Carnegie Hall's Zankel Hall on November 21, 2022. The operas were Brundibar, a Czech opera, and Der Kaiser von Atlantis, which was composed by prisoners of the Terezin concentration camp. Both operas had been performed by prisoners of the Terezin camp.

Der Kaiser von Atlantis was performed by seven professional opera singers including our congregant, Leah Holbreich. Leah, who performs professionally as Leah Wool, has been hailed by Opera News "as among the more distinctive and accomplished artists of her generation".

The program was presented by The Defiant Requiem Foundation, On Site Opera and UJA-Federation of New York. Funding for the event raised over one million dollars, which will be used to support UJA's Community Initiative for Holocaust Survivors.



LEAH WOOL

HJC's Adult Education Presents:

THE JEWS OF GREECE: Tragedy and Triumph

Tuesday, December 13 at 7:30PM
In person only

Marcey Wagner has just returned from a 10 day trip through Greece on a seminar sponsored by the Melton School. She will share fascinating insights she gained from visiting ancient and modern Jewish sites, meeting with leaders of the present Jewish community and eating amazing food. Come and learn about an ancient community that thrived and was tragically snuffed out.



Greek light fare will be served
rsvp required by Thursday, Dec 8th

<https://hjc.shulcloud.com/event/adult-ed-jews-of-greece.html>



HJC Religious School Celebrates



Dec. 18th 10:30-12:00

Songfest



**Israeli
dancing**

HANUKKAH 5783/2022

menorah contest!



(prizes for all who enter and prizes for winners!)



HANUKKAH 5783/2022

Annual Hanukkah Community Menorah Lighting

**Dec. 20th
6:00 pm**

**In the front
of HJC**



THANKFUL FOR BOOKS, OLDE AND NEWall year long.



NON-FICTION:

But Were They Good for the Jews? *By Elliot Rosenberg.* A classic question which looks at historic figures, emperors, kings, popes and political figures. Men and women from ancient Greece and Rome through the Middle, Dark, Enlightened Ages into the Modern, as they related to the Jews and the Jewish Communities.

The People and the Books *By Adam Kirsch.* The author explores 18 classics of Jewish literature from the Bible, Flavius Josephus, Benjamin of Tudela, Guide to the Perplexed, Spinoza, Moses Mendelssohn, Nachman of Bratslav, Herzl and even the fabled Tevye by Sholem Aleichem, and what it says of the Jewish people.

When Scotland Was Jewish *By Elizabeth Candwell Hirschman.* Relying on DNA, family and census records, cemetery information and many official documents the author shows great Jewish influence in Scottish culture and history after 1100. Villains and Good Guys included.

FICTION:

The Thread Collectors *By Shaunna J. Edwards & Alyson Richman.* The story of two women whose lives are connected by the Civil War...an abolitionist in New York City and a slave in New Orleans living with other light skinned women, "so-called favorites of wealthy White men". Husband of one and lover of the other are two soldiers in the same battalion, the only Jew in his regiment and the other in the first Black troop to fight for the Union and how they connect as musicians.

Signal Fires *By Dani Shapiro.* Tells how a fatal car accident affects the lives of the survivors and witnesses, family secrets, loss, the nature of memory and 'how the past can penetrate the present'.

Thistlefoot *By GennaRose Nethercott, award winning poet.* A debut novel and modern fairy tale about a pair of "once –estranged siblings who travel across the United States with a" surprising Ukrainian inheritance" (intriguing?)



HJC Bulletin

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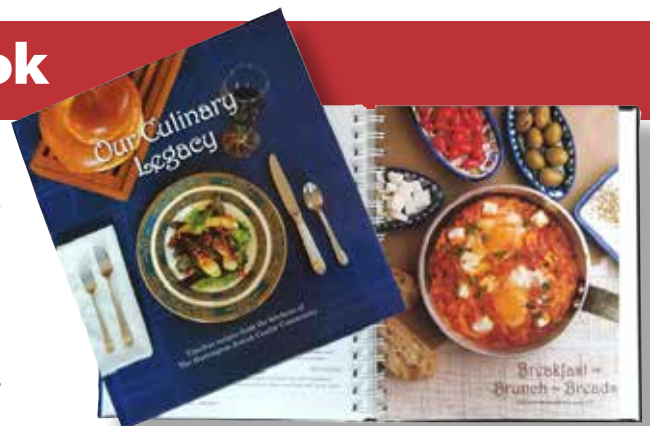
Our Culinary Legacy Cookbook

OUR CULINARY LEGACY COOKBOOK MAKES A GREAT GIFT

If you are looking to add some new Recipes for Hanukkah, the Culinary Legacy Cookbook should be your source. There are interesting stories as well from our HJC Community. The cost is \$36 a book.

You can order online <https://hjcny.org/hjc-cookbook/>

or send a check payable to HJC Sisterhood to HJC and mark attention Sisterhood Cookbook.



APRONS AND BAGS WITH CULINARY LEGACY COOKBOOK

If you are looking for a gift to give family or friends, in addition to the cookbook, buy an Apron (\$15) and Grocery Bag (\$5) with the Cookbook logo.

Please contact Evelyn Abraham if you have any questions about making donations and ordering the Cookbook, Apron or Grocery Bag. evelyn_abraham@optonline.net

Huntington Jewish Center encourages the participation of people of all abilities in its programs and activities. If you or a family member would like to attend an activity, program, meeting or event but require additional support or special accommodations, please call the HJC Main Office at 631-427-1089 or email hjcadmin@hjcny.org.